-continued

Formula 6

10. The method of claim 9, wherein the PKC8I inhibitor is effective to reduce PKC8I activity in the subject in need thereof.

11. The method of claim 9, wherein the PKC8I inhibitor is effective to reduce PKC8I activity in an adipocyte in the subject in need thereof.

12. The method claim 9, wherein the PKCδI inhibitor is a compound according to Formula 1

Formula 1

13. The method of claim 9, wherein the PKC $\delta$ I inhibitor is effective to reduce the activity of PKC $\delta$ I and is not effective to reduce the activity of PKC $\alpha$ , PKC $\beta$ , PKC $\gamma$ , PKC $\epsilon$ , PKC $\theta$ , PKCI, PKC $\zeta$  PKC $\delta$ III or any combination thereof.

14. The method of claim 9, wherein the PKC $\delta$ I inhibitor simultaneously binds the DMQD amino acid sequence within the V3 hinge region of PKC $\delta$ I and the active site on the C2 domain of PKC $\delta$ I.

15. The method of claim 9, wherein the subject in need thereof has diabetes, a cancer, an inflammatory, disease obesity, insulin resistance, metabolic syndrome hepatosteatosis, a cardiovascular disease, a neurodegenerative disease or a symptom thereof.

16.-24. (canceled)

**25**. A method of reducing PKCδI expression in a subject in need thereof, the method comprising:

administering a formulation comprising an effective amount of a PKCδI inhibitor to the subject in need thereof, wherein the PKCδI inhibitor is a compound having a structure as in Formula 1

Formula 1

or a structural analogue thereof, wherein the structural analogue specifically binds the DMQD amino acid sequence within the V3 hinge region of PKC&I or simultaneously bind the DMQD amino acid sequence within the V3 hinge region of PKC&I and the active site of PKC&I on the C2 domain of PKC&I.

**26**. The method of claim **25**, wherein PKCδI expression is reduced in an adipocyte in a subject in need thereof.

27. The method of claim 25, wherein the PKC $\delta$ I inhibitor is effective to reduce activity of PKC $\delta$ I and is not effective to reduce the activity of PKC $\alpha$ , PKC $\beta$ , PKC $\gamma$ , PKC $\xi$ , PKC $\delta$ , PKCI, PKC $\delta$  PKC $\delta$ III or any combination thereof.

**28**. The method of claim **25**, wherein the subject in need thereof has a PKC8I disorder.

29. The method of claim 25, wherein the subject in need thereof has diabetes, a cancer, an inflammatory, disease obesity, insulin resistance, metabolic syndrome hepatosteatosis, a cardiovascular disease, a neurodegenerative disease or a symptom thereof.

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